



BONUS #7

PRINTABLE  
RECIPE CARDS  
& HAND-  
ILLUSTRATED  
STICKERS SET

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# PRINTING INSTRUCTIONS AND GUIDE



## 1. Home Printing (Scissors)

### *What you need:*

- Inkjet or laser color printer
- US Letter or A4 sticker paper
- Scissors

### *Steps:*

1. Open the provided PDF or PNG.
2. Load your printer with sticker paper.
3. Print at 100% actual size (do not scale to fit).
4. Let dry completely before cutting.
5. 2. Cut out the stickers by hand along the edge.

## 2. Cricut – Print Then Cut

### *What you need:*

- Cricut machine (e.g. Maker, Explore)
- Cricut Design Space software
- Sticker paper (US Letter)
- Home printer

### *Steps:*

1. Upload PNG without cut lines (JPG, PDF) and SVG (Cut Lines) to Cricut Design Space.
2. Set the operation to “Print Then Cut”.
3. Print your design on sticker paper.
4. Place printed sheet on a Cricut mat.
5. Cut following the machine’s instructions.

## 3. Professional Printing (Copy Shop)

### *What you need:*

- High-resolution PDF or PNG
- Sticker paper (or request it from the shop)
- Optional: kiss-cut instructions

### *Tips:*

- Choose matte, glossy, or waterproof vinyl
- Tell them to print at 100% scale
- If kiss-cut is not available, just cut manually

## 4. Recommended Paper Types & Thickness

Choosing the right paper will help your stickers look beautiful, last longer, and work well with your printer or cutting machine. Here's what you need to know:

### *Recommended Paper Weight (Thickness)*

Paper Type	Weight (gsm/lb)	Description
Standard Sticker Paper	120–150 gsm (32–40 lb)	Flexible, easy to cut and print. Great for most uses.
Heavyweight Sticker Paper	180–250 gsm (48–66 lb)	Thicker and sturdier. Feels premium.
Vinyl Sticker Paper	~150–200 gsm	Waterproof and tear-resistant

Ideal for Cricut: ~120–200 gsm

Ideal for home printers: up to 200 gsm (check your printer's specs)

### *Why Paper Weight Matters*

- Too thin (<100 gsm): might tear easily, colors may bleed
- Too thick (>250 gsm): may jam in printer or not feed correctly into Cricut
- Optimal weight ensures crisp printing, smooth feeding, and clean cuts

## 5. No Sticker Paper? No Problem!

You can still use the printable sheet! Try these alternatives:

*Option 1: Print on Regular Paper (80–100 gsm / 20–28 lb) Then:*

- Use a glue stick, glue roller, or double-sided tape
- Or laminate before cutting for durability

*Option 2: Use Full Sheet Labels Also called:*

- Shipping labels
- Self-adhesive full-page paper

Great affordable alternative to proper sticker paper.





Ingredients:



Instructions:

Notes:



Ingredients:



Instructions:

Notes:

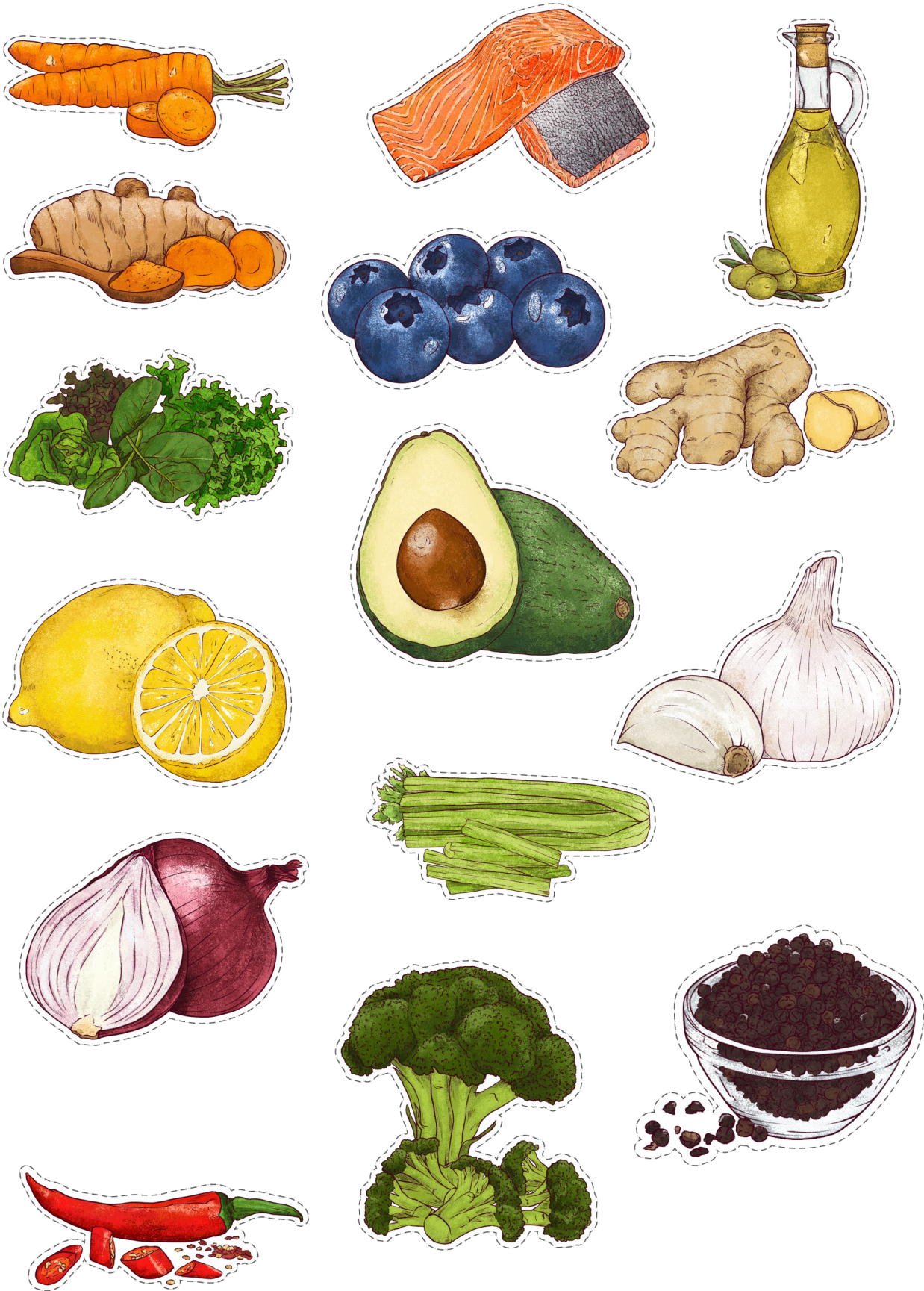


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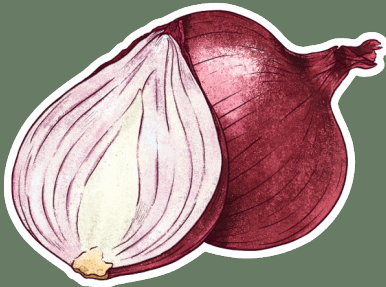
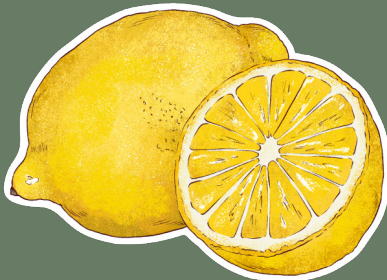
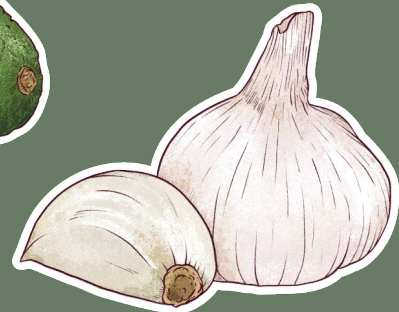
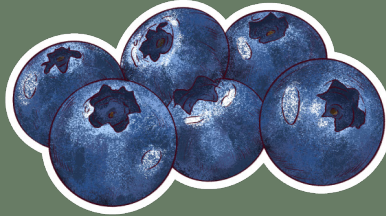
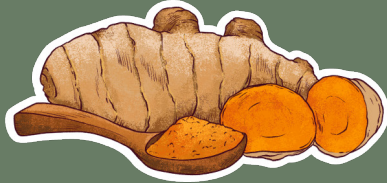
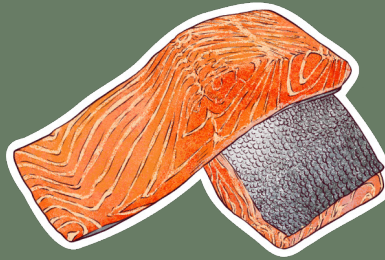
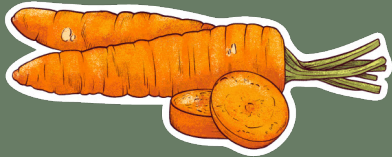


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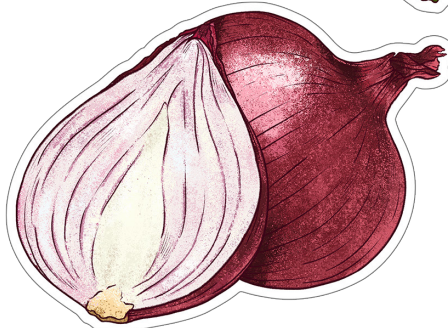
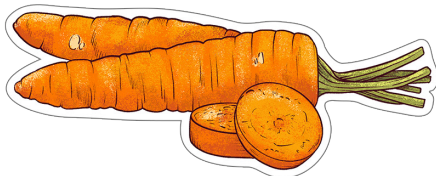
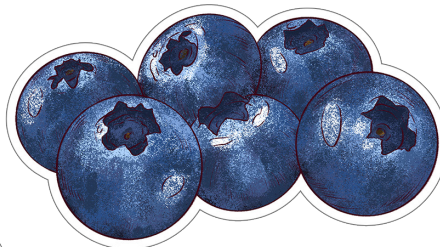
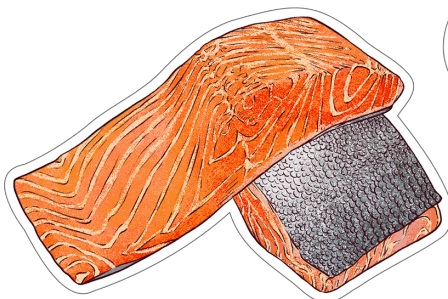
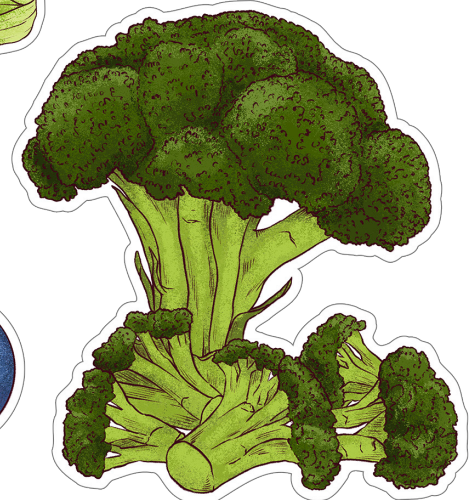
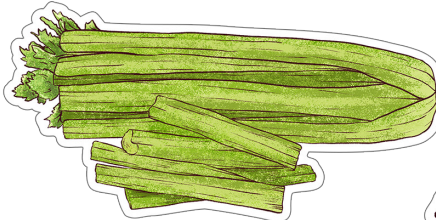
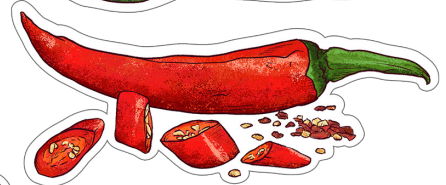
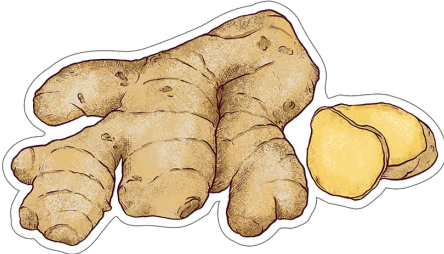
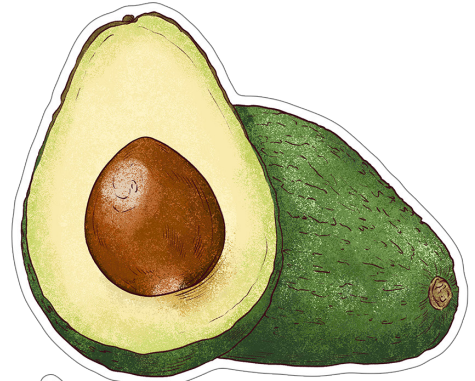
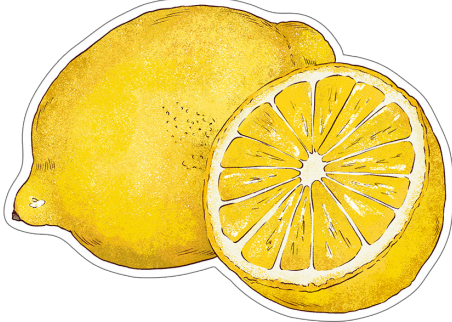
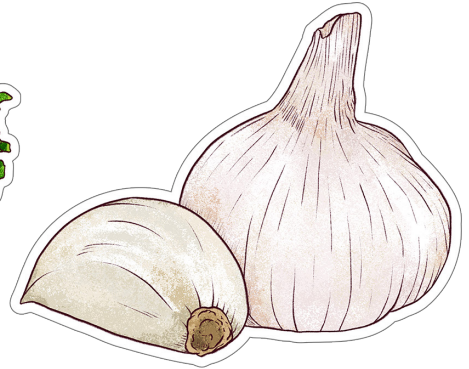
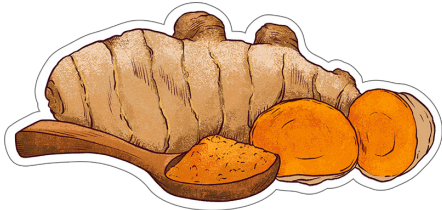
STICKERS 2 INCH WITH CUT LINES



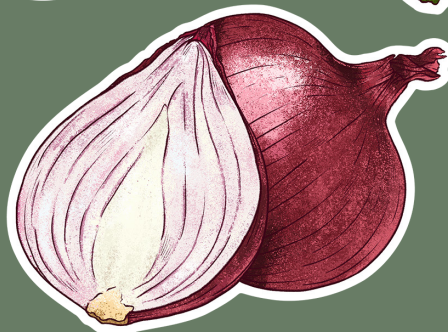
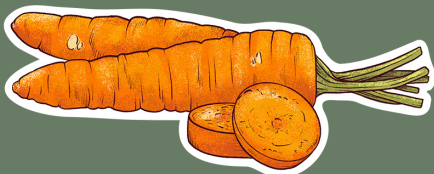
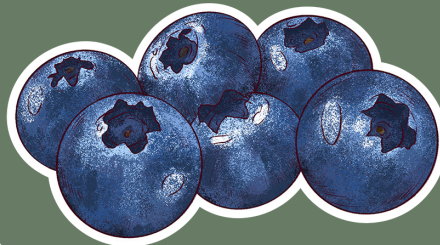
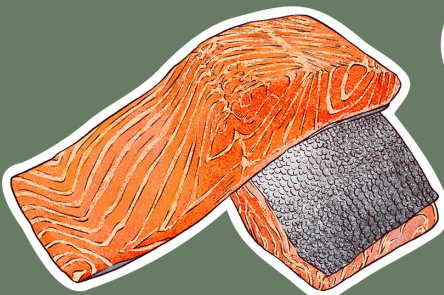
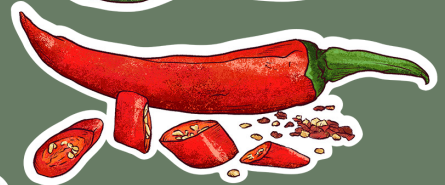
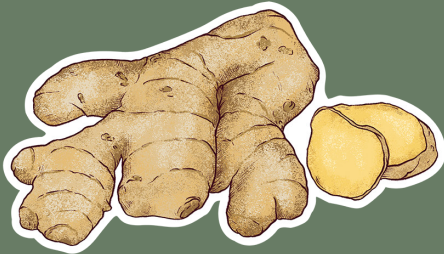
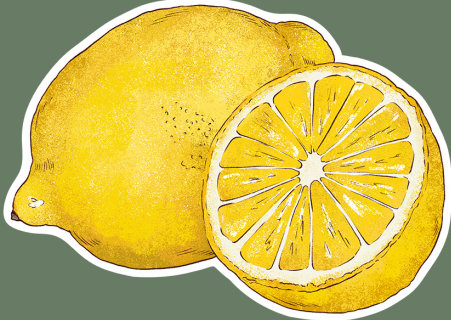
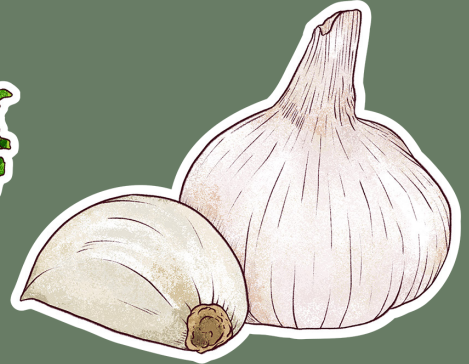
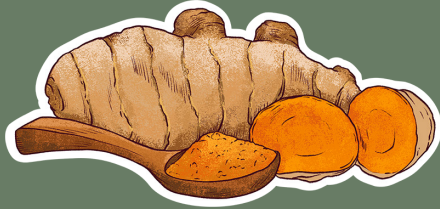
# STICKERS 2 INCH



# STICKERS EXTRA LARGE WITH CUT LINES



# STICKERS EXTRA LARGE



# STICKERS 1.2 INCH WITH CUT LINES

